

So you Want Sex?

Most normal people do—you see we were created that way. Our sexuality is one of the greatest gifts given by our Designer and Creator. The question is; how do we use it?



Contrary to popular belief, God never said: "Don't have sex." In fact, He instructed us to engage in total, full and ever expanding sexual relationships, which is what marriage is about! Also, **contrary to popular belief, when we multiply sexual partners we drastically decrease our capacity and ability to enjoy the sexual union.** When our sexuality is used rightly, it becomes a continually growing experience of pleasure and ecstasy.

Did you know that both men and women have one sex organ in common? The brain is the major sex organ in all of us—this is the control centre. Without the nerve impulses, hormonal secretions, choices, and actions, sexual relations could not exist. Our mind is where we experience both the pleasure and meaning of life.



Modern brain imaging research and technology have shown that **sexual union actually creates a physical change in the limbic system of our brain.** There is a physical bonding that is developed when we have physical sexual relationships. If we are not committed to the relationship, we will experience serious damage when it is cut off. Women seem to be the most sensitive to this kind of damage, but men are close behind. **This damage has long term effects,** which cannot be gotten over by having a good drinking bout and going to bed with someone else. **The pain and emotional scarring go with us through our entire lives.**

Having sexual involvement in an uncommitted context is kind of like eating candy that is filled with sharp pieces of razor blade. It seems like an extra special treat, **but what it does deep within us is serious and cannot be undone**—we end up with more than cut digestive organs—we end up with our hearts cut to ribbons, and more sex only mocks the emptiness we are seeking to remedy.

The issue when it comes to intimate partners is, perhaps, quality vs. quantity.

A young person may have multiple sexual partners, but by the time they are thirty, is the sexual experience still growing in wonder, pleasure and tenderness? Or have they become jaded, shallow and insensitive, just using sex as an addiction like drugs or alcohol?



The question is not whether to have sex or not; but when and with whom? Sex only becomes deeply meaningful when we share it with one person we are committed to. It's only within the security and tenderness of this kind of relationship that the greatest pleasure can exist. **We are not objects or animals, but human beings, created in the image of God.** He said: 'Be fruitful and multiply..', in other words: 'Enjoy sex with your husband or wife, have a family and experience greater joy as your life unfolds.' By ignoring this natural law we actually turn it around, and experience less pleasure and shallower relationships as we run from one relationship to another, ending up callous, alone and hurting.

Are you just an object to be used and then discarded?

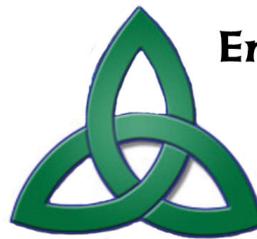
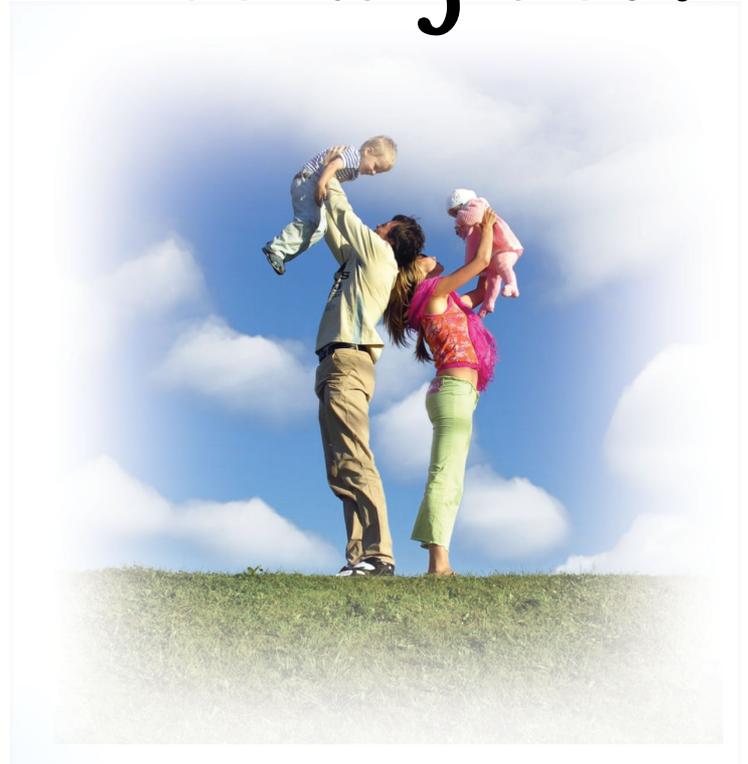


Sex can only be truly fulfilling in the context of love. Love has to do with each seeking the good of the other—sharing together. **Contrary to what the media tells us, sex by itself is not love** any more than electricity by itself is a computer. Without the commitment of each to the other that love brings, sex is a mocking, hollow experience—two people using each other for selfish ends.



As well as being created with sexual capacity, we were created with a free will to choose how we will direct and use our lives. The best is available to us, but it's up to us to reason from cause to effect and choose. **We can have the best, or the worst—it's up to us.** The good thing is, that no matter where we are in life—or what our choices have been—we can always change, and there is a loving God who will help us to have something better!

Or Is It Love You're Looking For?



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